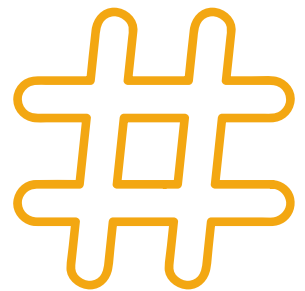


TWITTER HOURS CHEAT SHEET

.....

**Increase your tweet
impressions by
using these daily
Twitter Hours**

Last updated July 2021



WWW.LAUNCHNW.CO.UK

MONDAY

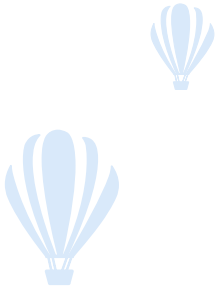
TWITTER HOURS



7am-8am **#EarlyBiz**
9am-9pm **#BizMumFollow**
11am-12pm **#ElevensesHour**
12noon -1pm **#UKBizLunch**
1pm-2pm **#HerefordHour**
1pm-2pm **#1pmlunch**
2pm-3pm **#BizHour**
2pm-3pm **#SouthWestHour**
3pm-4pm **#B2BHour**
3pm-4pm **#NorthWestHour**
3pm-4pm **#CakeClubHour**
6pm-7pm **#wineoclock**
6pm-7pm **#womaninbiz**
6:30-7:30pm **#DentistHour**
7pm-8pm **#CumbriaHour**
7pm-8pm **#LateBookingHour**
7.30 - 8.30pm **#CreativeHour**
7.30 - 8.30pm **#FBLikeHour**
8pm-9pm **#DevonFoodHour**
8pm-9pm **#creativebizhour**
8pm-9pm **#vintagewedhour**
8pm-9pm **#HorseHour**
8pm-9pm **#LeylandHour**
8pm-9pm **#BlackburnHour**
8pm-9pm **#CheshireHour**
8pm-9pm **#ConnectingEssex**
8pm-9pm **#CoachingHour**
8pm-9pm **#LincsHour**
8pm-9pm **#NorthEastHour**
8pm-9pm **#PBoroHour**
8pm-9pm **#PrestonHour**
8pm-9pm **#HarrogateHour**
8pm-9pm **#LincsHour**

8pm-9pm **#StockportHour**
8pm-9pm **#StHelensHour**
8pm-9pm **#DidsburyHour**
8pm-9pm **#OldhamHour**
8.30pm-9.30pm **#buyonlinehour**
8.30pm 9.30pm **#Ecocreatehour**
8:30pm-9:30pm **#MondayMadness**
9pm-10pm **#FempreneurHour**
9pm-10pm **#britishbizparty**
9pm-10pm **#TwitterBrothers**
9pm-10pm **#UKlatehour**
9pm-10pm **#MumpreneurHour**
10pm-11pm **#EpicOnEtsy**





TUESDAY TWITTER HOURS

All Day **#talkT**

7am-8am **#EarlyBiz**

11am-12pm **#ElevensesHour**

12noon-1pm **#UKBizLunch**

12noon-1pm **#GlasgowBizHour**

1pm-2pm **#1pmlunch**

2pm-3pm **#BizHour**

2pm-3pm **#NorthEastHour**

3pm-4pm **#B2BHour**

3pm-4pm **#CakeClubHour**

4pm-5pm **#IpswichHour**

5pm-6pm **#EpiconEtsy**

6pm-7pm **#wineoclock**

6pm-7pm **#womaninbiz**

6pm-7pm **#womeninbiz**

7pm-8pm **#TeaHour**

7pm-8pm **#GeekHour**

7pm-8pm **#GlasgowHour**

7pm-8pm **#SMEHourUK**

8pm-9pm **#FBLikeHour**

8pm-9pm **#UpcycledHour**

8pm-9pm **#EarlyYearsHour**

8pm-9pm **#FoodHour**

8pm-9pm **#AvYourSay**

8pm-9pm **#CalderdaleHour**

8pm-9pm **#ChorleysHour**

8pm-9pm **#ChesterHour**

8pm-9pm **#DiscoverRipon**

8pm-9pm **#DoncasterHour**

8pm-9pm **#EYorksHour**

8pm-9pm **#HampshireHour**

8pm-9pm **#KingsLynnHour**

8pm-9pm **#MerseyBiz**

8pm-9pm **#SheffieldHour**

8pm-9pm **#WetherbyHour**

8pm-9pm **#WyreFyldeHour**

8.30pm-9.30pm **#WiltshireHour**

8.30pm-9.30pm **#KentHour**

8.30pm-9.30pm **#SouthEastHour**

8pm-9pm **#WestMidsHour**

9pm-10pm **#Smallbizhour**

9pm-10pm **#UKlatehour**



WEDNESDAY

TWITTER HOURS



All Day **#WeddingWednesday**

7am-8am **#EarlyBiz**

11am-12pm **#HRHour**

11am-12pm **#ElevensesHour**

12noon-1pm **#UKBizLunch**

1pm-2pm **#1pmlunch**

2pm-3pm **#BizHour**

2pm-3pm **#EssexHour**

2pm-3pm **#NewcastleHour**

2pm-3pm **#BusinessSupportHour**

3pm-4pm **#B2BHour**

3pm-4pm **#CakeClubHour**

6pm-7pm **#wineoclock**

6pm-7pm **#womaninbiz**

7pm-8pm **#DGHour**

7pm-8pm **#LincolnHour**

7pm-8pm **#StirlingHour**

7.30pm-9.30pm **#handmadehour**

8pm-9pm **#OrganicHour**

8pm-9pm **#WebHitsHour**

8pm-9pm **#CamsHour**

8pm-9pm **#CardiffHour**

8pm-9pm **#CornwallHour**

8pm-9pm **#CharityHour**

8pm-9pm **#SOchathour**

8pm-9pm **#WoofWoofWednesday**

8pm-9pm **#Yagym**

8pm-9pm **#DevonHour**

8pm-9pm **#EastMidlandsHour**

8pm-9pm **#MidlandsHour**

8pm-9pm **#NorthWestHour**

8pm-9pm **#OxHour**

8pm-9pm **#SalisburyHour**

8pm-9pm **#StaffordshireHour**

8pm-9pm **#WolverhamptonHour**

8pm-9pm **#WrexhamHour**

8pm-9pm **#YorkBizHour**

8pm-9pm **#YorkshireHour**

8pm-9pm **#YorksBuildersHour**

8.30pm-9.30pm **#ShropshireHour**

8:30pm-9:30pm **#BuyBritishBrands**

8pm-9pm **#ArtistHour**

9pm-10pm **#WeddingHour**

9pm-10pm **#UKlatehour**

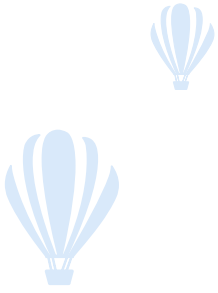
9pm-10pm **#ScotlandHour**

9pm-10pm **#StirlingHour**

9pm-10pm **#EventHour**

9pm-11pm **#IrishBizParty**





THURSDAY TWITTER HOURS

7am-8am **#EarlyBiz**
9am-9pm **#QueenOf**
11am-12pm **#SUAhour**
11am-12pm **#ElevensesHour**
12noon -1pm **#UKBizLunch**
1pm-2pm **#1pmlunch**
2pm-3pm **#BizHour**
2pm-3pm **#TeesTime**
3pm-4pm **#B2BHour**
3pm-4pm **#CakeClubHour**
4pm-5pm **#BexleyHour**
6pm-7pm **#wineoclock**
6pm-7pm **#womaninbiz**
7pm-8pm **#ladiescoffeehour**
7pm-8pm **#CraftHappyHour**
7pm-8pm **#LoveLichfield**
8pm-9pm **#JustaCard**
8pm-9pm **#makedoandmendhour**
8pm-9pm **#makehour**
8pm-9pm **#bridehour**
8pm-9pm **#EtsyUKsellers**
8pm-9pm **#CreamTeaHour**
8pm-9pm **#VeganRecipeHour**
8pm-9pm **#BarnsleyHour**
8pm-9pm **#BlackpoolHour**
8pm-9pm **#BradfordHour**
8pm-9pm **#ChesterfieldHour**
8pm-9pm **#DerbyshireHour**
8pm-9pm **#EastAngliaHour**
8pm-9pm **#HuddersfieldHour**
8pm-9pm **#HullHour**
8pm-9pm **#LancashireHour**
8pm-9pm **#LeedsHour**
8pm-9pm **#LiverpoolHour**

8pm-9pm **#LondonHour**
8pm-9pm **#ManchesterHour**
8pm-9pm **#NorthantsHour**
8pm-9pm **#NorthwichHour**
8pm-9pm **#NottsNatter**
8pm-9pm **#NWalesHour**
8pm-9pm **#SheffieldHour**
8pm-9pm **#SomersetHour**
8pm-9pm **#SouthWestHour**
8pm-9pm **#SunderlandHour**
8pm-9pm **#WakefieldHour**
8pm-9pm **#WarringtonHour**
8pm-9pm **#WirralHour**
8pm-9pm **#YorkHour**
8.30pm-9.30pm **#SussexHour**
8.30-9.30pm **#Tittersisters**
8:30pm-9:30pm **#UKHolidayHour**
8:30pm-9:30pm **#WelshIntroBiz**
9pm-10pm **#MumpreneaurHour**
9pm-10pm **#UKlatehour**
11pm-12am **#EpiconEtsy**



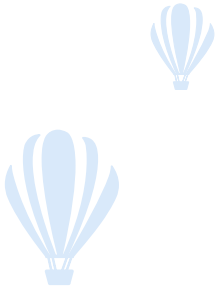
FRIDAY

TWITTER HOURS



- 7am-8am **#EarlyBiz**
- 10am-11am **#ClevelandHour**
- 11am-12pm **#ElevensesHour**
- 11am-12pm **#NewcastleHour**
- 11am-12pm **#LondonHour**
- 11am-12pm **#YorkBizHour**
- 12pm-1pm **#UKBizLunch**
- 12pm-1pm **#EcoHour**
- 12.30-1pm **#HHLunch**
- 1pm-2pm **#1pmlunch**
- 1pm-2pm **#PartyBizHour**
- 2pm-3pm **#BizHour**
- 3pm-4pm **#B2BHour**
- 3pm-4pm **#CakeClubHour**
- 4pm-5pm **#GBHour**
- 6pm-7pm **#WineOclock**
- 6pm-7pm **#WomanInBiz**
- 8pm-9pm **#RetailHourTime**
- 8pm-9pm **#UnsignedHour**
- 9pm-10pm **#BabyShowerIdea**
- 9pm-10pm **#UKlatehour**
- 9pm-10pm **#NorthWestHour**
- 10pm-11pm **#EpiconEtsy**
- 10pm-11pm **#DogHour**





WEEKEND TWITTER HOURS

SATURDAY

- 5-9pm **#EpicOnEtsy**
- 8am-9.15am **#SatChat**
- 11am-12pm **#WeekendHour**
- 1pm-2pm **#MerseyHour**
- 6pm-7pm **#SatchatUK**
- 8pm-9pm **#BrandYorkshire**
- 9pm-10pm **#EnglandHour**

SUNDAY

- 5pm - 7:30pm **#SBS**
- 7pm-8pm **#LadiesCoffeeHour**
- 7pm-8pm **#CraftHour**
- 7pm-8pm **#Womaninbizhour**
- 7pm-8pm **#PromotingWomen**
- 8pm-9pm **#HandMadeHour**
- 8pm-9pm **#EquineHour**
- 8pm-9pm **#BrumHour**
- 8pm-9pm **#CoDurhamHour**
- 8pm-9pm **#WalesHour**
- 8pm-9pm **#WomaninBiz**
- 8pm-11pm **#EpicOnEtsy**
- 9pm-10pm **#EnglandHour**

ANYTIME

Weeknights 7-8pm apart from Thursdays
#GirlsWhoCanHour
#promotingwomen
#FPSBS Use this hashtag in your tweets and you will be retweeted by @TeamFreddiePig who has a large following.





Launch North West



Website : www.launchnw.co.uk

Telephone : 01942 559306

Email : hello@launchnw.co.uk

